



Hurst Week One Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
	Freshly Chopped Crudités & Cut Fruit	Freshly Chopped Crudités & Cut Fruit	Freshly Chopped Crudités & Cut Fruit	Freshly Chopped Crudités & Cut Fruit	Freshly Chopped Crudités & Cut Fruit
Main	Sausage Lyonnaise and Onion Gravy	Beef & Basil Lasagne with a Garlic and Herb Slice	Roast Pork Loin served with Apple Sauce	Chicken Breast in a Creamy Korma Sauce	Breaded Fish Fingers
Vegetarian	Five Bean Chilli served with Sour Cream	Vegetable Foccacia	Roasted Mediterranean Vegetable Lasagne	Butternut Squash and Rocket Risotto	Peppers Stuffed with Couscous
Potatoes	Creamed Potatoes	Minted New Potatoes	Roasted Potatoes	Boiled Rice	Chunky Chips
Vegetables	Glazed Carrots	Steamed Broccoli Florets	Fresh Savoy Cabbage	Aloo Gobi	Minted Garden Peas
Hot Sweet	Cinnamon Spiced Apple Pie with Custard	Sticky Toffee Pudding with Custard	Treacle Tart with Custard	Jam Puffs with Custard	Mixed Fruit Crumble with Custard





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	Freshly Chopped Crudités & Cut Fruit	Freshly Chopped Crudités & Cut Fruit	Freshly Chopped Crudités & Cut Fruit	Freshly Chopped Crudités & Cut Fruit	Freshly Chopped Crudités & Cut Fruit
Main	Stir Fried Beef in Black Bean Sauce	Chicken Caesar Salad	Traditional Roast Beef and Yorkshire Puddings	Sweet and Sour Pork	Breaded Fish Fingers
Vegetarian	Green Peppers Stuffed with Spicy Bean Sauce	Tomato and Basil Quiche	Freshly Made Herby Nut Roast	Asian Spiced Wok Noodles	Vegetarian Pasta Bake
Potatoes	Minted New Potatoes	Lyonnaise Potatoes	Roasted Potatoes	Egg Fried Rice	Chunky Chips
Vegetables	Noodles Marinated in a Hoi Sin Sauce	Mexican Sweetcorn	Honey Roasted Carrots	Broccoli Dansk with a Hollandaise Sauce	Minted Peas
Hot & Cold Sweet	Bread and Butter Pudding with Custard	Syrup Sponge with Custard	Cherry Pie with Custard	Hot Double Chocolate Fudge Brownie	Bramley Apple Crumble with Custard





Hurst Week Three Lunch

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	Freshly Chopped Crudités & Cut Fruit	Freshly Chopped Crudités & Cut Fruit	Freshly Chopped Crudités & Cut Fruit	Freshly Chopped Crudités & Cut Fruit	Freshly Chopped Crudités & Cut Fruit
Main	Chicken Carbonara & Garlic Bread	Lamb & Coriander Balti with Mango Chutney	Roast Turkey Breast and Cranberry Sauce	Lamb Moussaka	Breaded Fish Fingers
Vegetarian	Vegetable Spaghetti Bolognese	Roasted Vegetable Lasagne	Cajun Spiced Vegetable Tortilla	Woodland Mushroom Cannelloni	Vegetable Pasta Bake
Potatoes	Parsley Potatoes	Turmeric Rice	Roasted Potatoes	New Potatoes	Chunky Chips
Vegetables	Buttered Broad Beans	Cauliflower and Broccoli Florets	Creamy Mashed Root Vegetables	Roasted Rosemary Ratatouille	Garden Peas
Hot Sweet	Rhubarb Crumble with Custard	Double Chocolate Sponge with a Rich Chocolate Sauce	Iced Bakewell Tart with Custard	Mandarin Sponge with Custard	Mixed Fruit and Berry Crumble with Custard

